



Middle Path Natural Health
helping you heal - naturally

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Cholesterol Cleanse

for high cholesterol

Using Garlic and Lemons

Dissolves Plaque

After this cleanse heart surgery is not needed.

Should your veins in your heart or the coronary blood vessels be narrowed or obstructed by plaque, you should drink a liqueur glassful of the extract of this recipe:

30 cloves of garlic (peeled)

5-6 (depending on size diced (cut up) fresh lemons (not peeled)

Mince the cloves of garlic and the lemons in the vitamizer (blender) or food processor

Then bring everything to the boil (don't keep boiling) in 1 litre of water

Strain well, let it cool and bottle in glass and store in the refrigerator.

Take a daily dose of about 30 ml either before or after the main meal of the day. Do this for 3 weeks.

You will already notice a youthfully comfortable regeneration of your whole body after the 3 weeks as the supporters of this regiment assure us.

The plaque deposits and their side affects will diminish and start to vanish altogether.

After the 3 weeks course, have a break of 7 days (1 week) then start the second 3 weeks treatment.

This cheap, safe and therapeutic course of treatment should be repeated once a year.

Nobody will notice any unpleasant smell of garlic.

The curative powers of garlic and lemons comes completely into their own.

This recipe will help everyone and support any health condition.

If you want any other lemon remedies our "The Miraculous Lemon" e-book tells it all.

[e-book link](#)